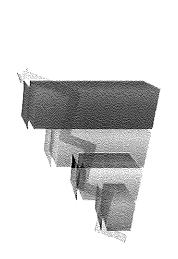
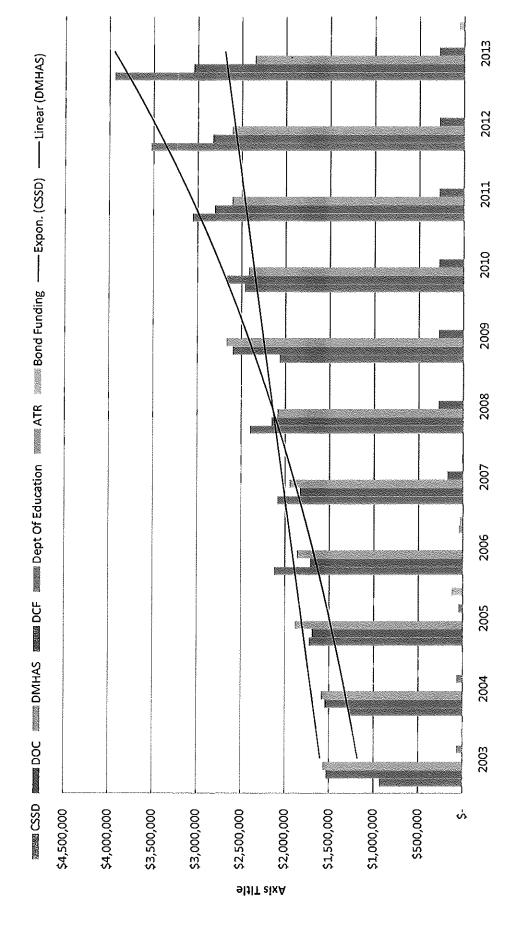
Connecticut Renaissance, Inc.

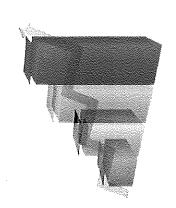
Connecticut Renaissance

- 10 Year view of revenue growth by sources
- Background information for planning
- Funding trends
- Growth opportunities -e.g. Ambulatory services division
- Primary care integration model alignment

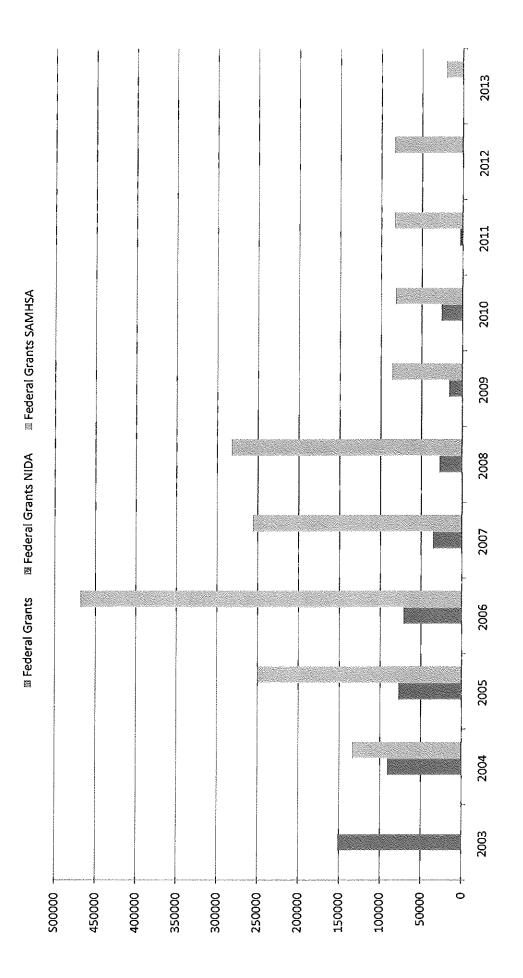
State Grants

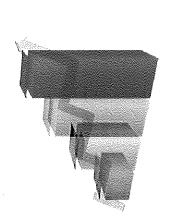




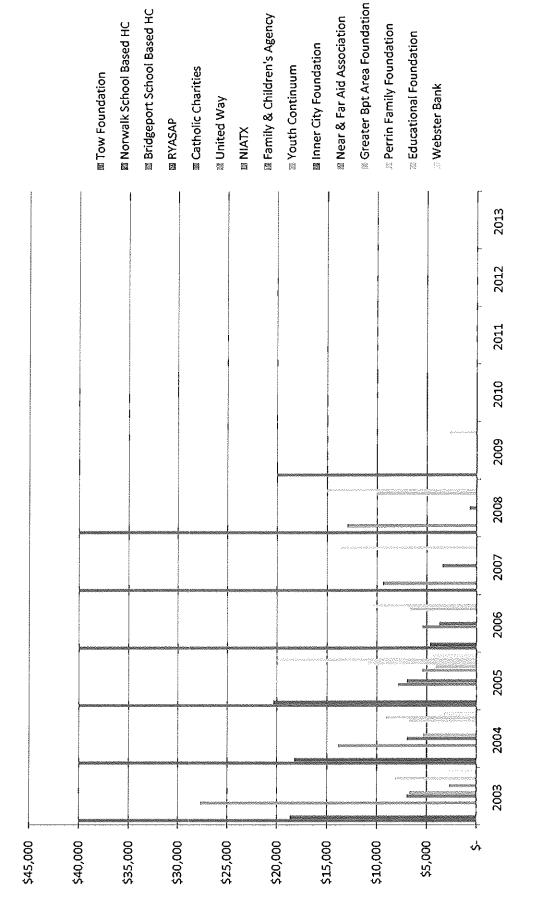


Federal Grants



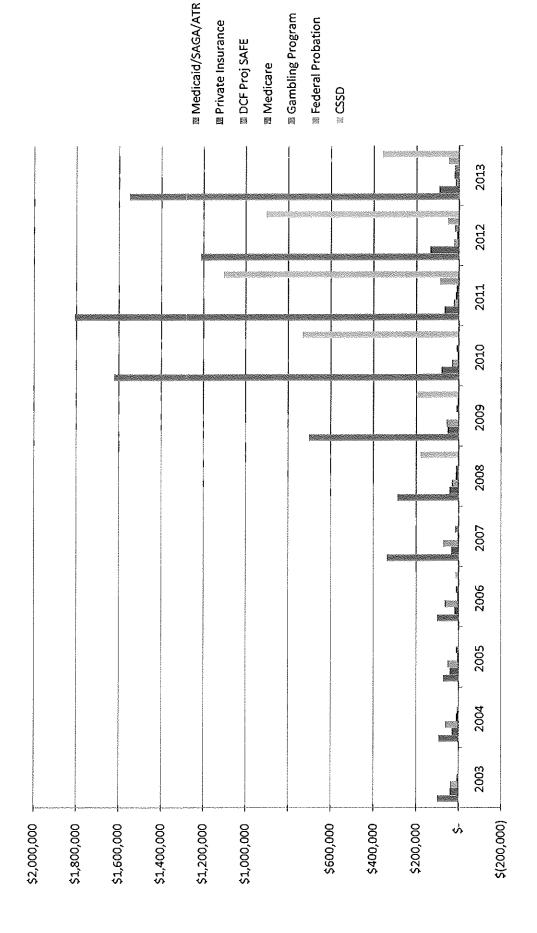


Local/Private Grants

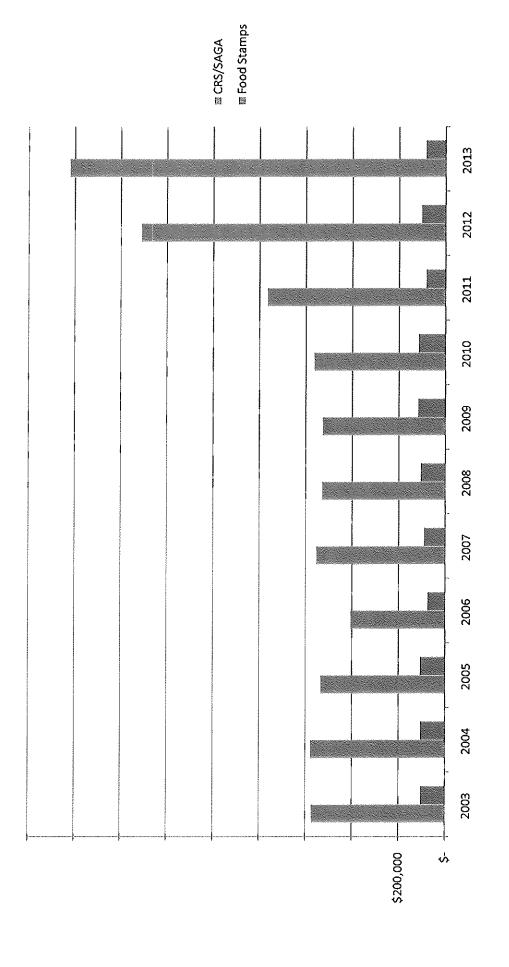


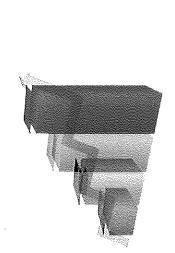


Outpatient FFS Reimbursement



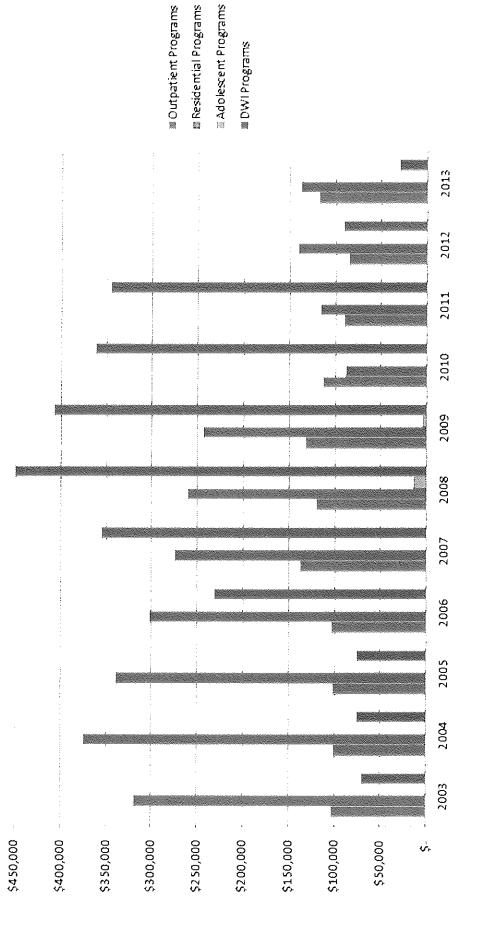
Residential FFS Reimbursement

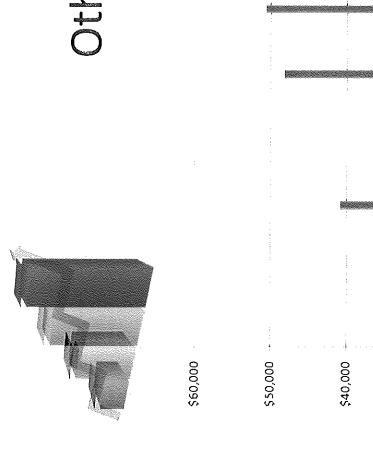


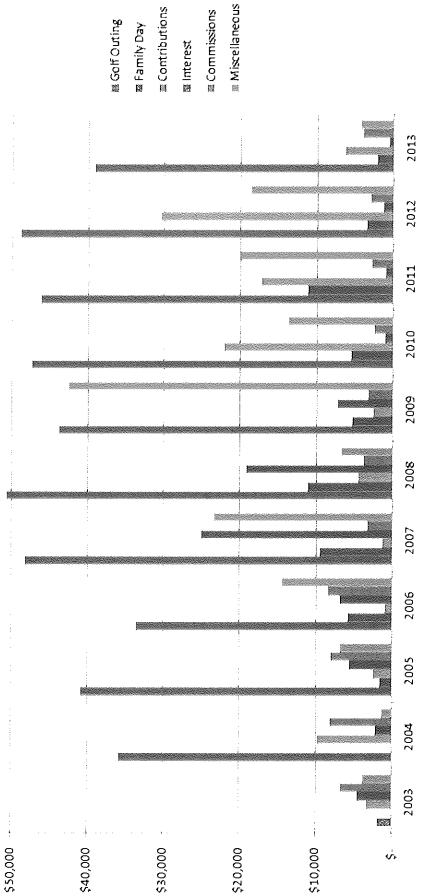


\$500,000

Cient Fees







CONNECTICUT RENAISSANCE

"2013 Strategic Plan"

Executive Summary

Prepared by:

Fairfield-Sonn Associates, LLC

12 Industrial Park

P.O. Box 171

Centerbook, CT 06409

(860) 227-3383 W

(860) 768-4226 FAX

fairfield@hartford.edu

CONNECTICUT RENAISSANCE

"2013 STRATEGIC PLANNING PROCESS"

EXECUTIVE SUMMARY

Overview. On November 7, 2013 the Board of Directors and the Scnior Management Team of Connecticut Renaissance met to formally begin the 2013 strategic planning process. The focus of this meeting was on several key tasks. First, CEO Rachael Petitti provided an overview of her vision for how, moving forward, the organization will need to serve the "Whole Person". In light of these comments, the group reviewed the current Vision Statement and found that there were ways that it could be clarified. Several opportunities for improvement were identified and the group went on to develop some draft versions of a new Vision Statement. This discussion was followed by an analysis of the external environment to identify opportunities and threats that might exist given current conditions in the marketplace. Next, the group completed an internal assessment of the organization's current strengths and weaknesses. This analysis was followed by Rachael's review f changes in the organization's revenue streams over the last 10 years. The session concluded with a request to the group to have the participants talk with colleagues about the potential changes that could be made to the Vision Statement to gain their input prior to having the Vision Statement finalized at the next meeting. In addition, the group was asked to review the current Mission Statement with an eye toward how it could be improved and to start thinking about what the top priorities and goals should be for the next two years.

On November 21, 2013 the group reconvened to continue working on the strategic plan. The meeting began with opening remarks by CEO Rachael Petitti on the decision to change the process plan for this year's strategic planning session. Specifically, in lieu of focusing on potential revisions to the Vision and Mission Statements, which will be addressed in another forum, the purpose of this session would be to focus directly on four areas of great interest to the Agency with the intent being to identify measurable goals for the next two years in each of the key areas. Rachael identified the four areas as being: Primary Care Integration; Training and IT; Out Patient Ambulatory Services; and sources of New Revenue. Given these areas, Rachael invited Participants to begin by moving into self-selected groups of individuals to generate ideas for how progress could be made in each of these areas. After an initial discussion and report out by each group on their selected areas of interest, the groups moved on to another area of interest to continue generating more ideas to consider. Moving in this fashion, each group eventually provided input on all four areas. With extensive lists of ideas in each of the four areas, next Jim Fairfield-Sonn, the Facilitator, guided the group through a process of summarizing the ideas into specific goals for each area with an adividual(s) assigned to be accountable for moving forward to meet each goal within an agreed apon timetable. The session concluded with Rachael providing summary comments and a clear

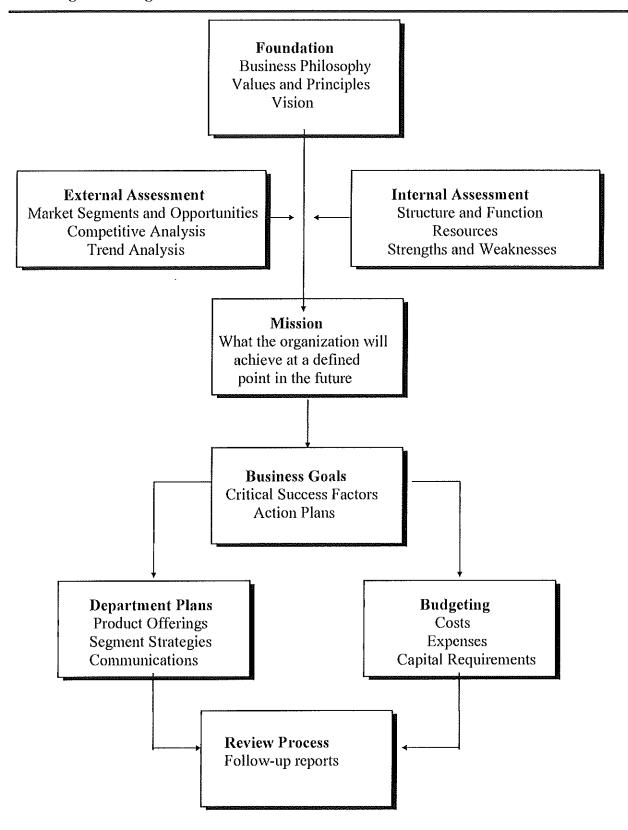
raphic representation of how not only was each area important, in and of itself, but also how all tour areas were themselves highly inter-connected.

Key Products. In this document the specific contents of the planning process are captured in the Minutes of the meetings that took place on November 7, 2013 and November 21, 2013. For the purpose of general review, however, in the next section readers will find the following summary products.

- 1. Strategic planning process flowchart.
- 2. Current external opportunities and threats.
- 3. Current internal strengths and weaknesses.
- 4. Priorities and associated goals with target date timetables.

Respectfully submitted,

James W. Fairfield-Sonn, Ph.D. President
Fairfield-Sonn Associates, LLC



External Assessment "Opportunities and Threats"

Opportunities	Threats
Changes in Medical Insurance	Moving into new areas
~ More individuals can receive Out	~ Will incur short-term costs
Patient services	~ Need to do a cost/benefit analysis
	before making a commitment
	~ Need to be careful to not spread
	ourselves too thin
Additional funding from the State	Medicaid Audits
~ Expand current programs to new	~ We can be exposed to potential
locations in the state	liabilities
	~ Our exposure should be going down
Expand Residential to include Out Patients	Other Agencies are also going to be
	pursuing integrated approaches.
	~ Competition is expected (e.g.,
	Wheeler Clinic)
New Behavioral Health Markets	Need to attract more Multicultural Staff
~ January 1 – Folks with private health	~ Important to reflect and represent all
plans, not previously covered, will be	of our populations
eligible for services	
Expand services in Residential Units	Competition for the best Staff
~ More emphasis on Family services	~ Our organization could become a
	stepping stone into state jobs
More mental health programs for	Staff needs to buy into the new Vision
Adolescents	
~ Build on current Adolescent programs	
and offer them to the general public –	
particularly with a family focus	

External Assessment "Opportunities and Threats" (continued)

Opportunities	Threats
Build Reputation through Development Efforts (e.g., Branding, Logo)	Change in Leadership at CSSD
Federal dollars to back up Primary Care integration efforts (SAMSA)	Level of accountability for program outcomes continues to increase
DOC Programs are good ~ Opportunities to take on more Clients	DOC Program funding is leveling ~ Yet, more services need to be provided
Expand Family Support Services	~ Overall costs are going up Food Stamp Support will decrease as of November 1 ~ Impact will be felt in Waterbury East and West
Stay committed to past value-added Vision and approaches	Timeliness of receiving payment for services is increasing
Purchase a facility in Bridgeport to increase space	
Gambling field is growing ~ Current research indicates that 30% of our current Clients have gambling issues ~ We can offer these services not only as an Out Patient service, but also throughout the whole Agency	
Move into new geographical areas with current services ~ We are a premier provider – one of the best in the state	

Internal Assessment "Strengths and Weaknesses"

Strengths	Weaknesses
Good relationships with Funders	Need to create a Billing Manager position
Utilize resources within the Agency to	Need to maintain the Facilities better
provide multiple services	
Passion for the work (provides guidance)	Stagnant salaries for Staff
Very strong Board	Age and condition of Residential Facilities
~ They know the business	
~ They bring diverse strengths and	
perspectives	
supportive Central Administration	Overall need for more Staff
Great Leader of Change	We need to review work processes to
	become more efficient
Clients are highly satisfied – they want to	Need to build a Knowledge, Skill, Ability
return	(KSA) assessment
Launching the new Electronic Medical	Assessing employee "Fit" tools – they are
Record	getting better
Technology	Technology
~ When it works	~ When it does not work
Teamwork	Few good evaluation systems – they are
 Getting better based on feedback from all levels 	needed more now with our increasing size
Protecting confidential information is good	Need to update confidentiality policies and
~ Issues will increase with increase in	practices
size of the Agency	~ More education is needed about time
4-	and communication
Folks get along will	Some jobs typically lead to burn out in 12-
~ In it for the right reasons	18 months
	Need to improve Retention pathways
	More cross-training opportunities based on
	KSA gap analysis

Internal Assessment "Strengths and Weaknesses" (continued)

Strengths	Weaknesses
	Need to refresh the Programs in the Residential units
	More to do with less resources – this leads to more stress – we need to find ways to reduce stress

"Priority Goal - Primary Care Integration"

Priority	Goals	Who is Responsible	Timing 1 – 24 Months
Primary Care	Develop BIG	Executive	6 Months
Integration	Picture Structure	Leadership	
	MAP	SMT and Board	
	Identify Grants and	SMT and Finance	8 Months
	new Revenue	Linda and Kevin	
	Opportunities		
	FQHC look alike	Executive	12 – 18 Months
		Leadership	
		Clinical	
		Board	
	Where do you see	Executive	6-9 Months
	yourself in the	Leadership	
	Organization	CHRO	

"Priority Goal – Training and IT"

Priority	Goals	Who is Responsible	Timing 1 – 24 Months
Training and IT	Systems to generate outcome data (or easier generation)	Brigitte and Quality Director	Out Patient 3-6 Months Others to follow
	Develop IT Disaster Plan	Brigitte and IT Team	3-6 Months
	Develop a Training Center (internal and external customers)	Carol Annie Rick Christina Joe	6-12 Months

"Priority Goal - Ambulatory Services"

Priority	Goals	Who is Responsible	Timing 1 – 24 Months
Ambulatory Services	Identify attractive areas (special populations) we are not currently in (e.g., Veterans)	Kacy Christina Mel Rick	12-18 Months
	Examine Mental Health in Adolescents services as a possible Branding area	Mel Maria Amy Chris Christina	12-18 Months
	Explore geographic expansion	Rachael Linda Kevin Marly	On-Going

"Priority Goal - New Revenues"

Priority	Goals	Who is Responsible	Timing
·		_	1 – 24 Months
New Revenues	Grant Writing as a	Linda	Plan
	"Department"	A-0-0-0-0-0-0-0-0-0-0-0-0-0-0-0-0-0-0-0	6 Months
	Fundraising	Annie	On-Going
	(Events; Planned		
	Giving)		
1.101	Review Financial/IT	Kevin	6 Months
	Systems for	Brigitte	
	efficiencies		
	Expand of Insurance	Rachael	On-Going
	Panels (Health	Kevin	Preliminary Report
	Exchange)	Kristen	3-6 Months

Connecticut Renaissance 2013 Strategic Planning Session

"Field Notes"

Location: Trumbull Marriott

Trumbull, CT

Date: Thursday November 7, 2013

Time: 9:00 AM - 12:00 Noon

- 1. The meeting began with opening remarks by CEO Rachael Petitti on her vision of how the organization, moving forward, will need to start serving the needs of the "Whole Person".
- 2. Next, the Facilitator, Jim Fairfield-Sonn, provided a general review of the process that will be used in this year's strategic planning process. Specifically, the planning sessions will begin with a review of the current Vision Statement to see if it needs to be updated. Then, an external assessment will be conducted to identify current opportunities and threats in the external environment. This review will be followed by an internal assessment of the organization's current strengths and weakness. After these reviews, the Mission Statement will be reviewed for possible refinements. The planning sessions will conclude with the identification of key goals for the coming year, with an associated timetable for completion, and the establishment of a new set of "balanced scorecard" goals.
- 3. Following the introductory comments, the group reviewed the current organizational Vision Statement (shown below) to see if, in light of Rachael's comments, any refinements were necessary at this time. After a rich discussion, the consensus opinion was that the Vision Statement should be changed at this time. A number of thoughts on ways this could be done were considered (see Exhibit 1) and then three possible revisions to the Vision Statement were offered for consideration (see Exhibit 2). Participants in the session will share these ideas and draft statements with colleagues over the next couple of weeks and report back their findings at the next strategic planning session.

Current Vision Statement

Helping people change the direction of their lives.

- 4. Next, the group turned its attention to an analysis of the external environment. The first issue addressed was what major opportunities and threats currently exist in the external environment (see Exhibit 3).
- 5. The focus of the analysis was then shifted to an internal assessment of the current strengths and weaknesses of the organization (see Exhibit 4).
- 6. The above analysis was followed by an overview by Rachael of revenue stream changes for the organization over the last 10 years.
- 7. The session concluded with a request to the Participants to share ideas about a new Vision Statement with their colleagues to gain feedback on its content and potential as a Branding statement. In addition, everyone was asked to review the organization's Mission Statement between now and the next meeting to identify ways that it might be enhanced as well as to think about what the priority goals and implementation timetable should be for the next two years.

"Thoughts on a new Vision Statement"

The Vision Statement should not be more than 7 words in length. Some words that "feel right" and could be included are: Guiding, Joining, Recovering, Journey, Communities, Leading, Health, Empowerment Where is "Holistic" in the vision? "Changing direction" sounds too linear — there should be more emphasis on "balanced and stability" — we should move beyond linear thinking to circular thinking The old Vision Statement feels too linear — we need to include some self-actualizing feeling (e.g., be the best that you can be) — beyond linear, the statement should be looking upward The Vision Statement needs to be something that Customers will remember In addition to Behavioral concerns we need to talk about Health We should include something about "Mind and Body" — how we impact both The phrase "Changing Direction" feels more outside rather than internally-oriented (person centered) Guiding people through choices of joining Mind and Body Guiding people to find the tools to improve their overall well being Empowering the Members of the Communities we serve to become their healthiest self in Mind and Body Starting (Guiding) your journey to overall Wellness and Growth (Health) Joining (Connecting) Health to Behavioral Health — Could be useful in Branding Affecting change in health toward positive growth, wholeness and balance Health as a whole — a Tag Line — with a description to follow Guiding others — Joining others in their journey Restoring balance and guiding personal (positive) growth Health Pioneers of change, balance and Health Jump to a Healthier Life Individual vs. Families vs Communities vs Systems vs State — need to be integrative Leading the way to Healthy, Stable Life Styles (of all types) Empowerment Guiding (Leading) people to Healthier Lives Empowering the Body and Mind as one Leading the Journey of recovering balanced, healthy lives First, in leadingadd a description Guiding vs LeadingGuiding the Journey to Health	
Journey, Communities, Leading, Health, Empowerment Where is "Holistic" in the vision? "Changing direction" sounds too linear – there should be more emphasis on "balanced and stability" – we should move beyond linear thinking to circular thinking The old Vision Statement feels too linear – we need to include some self-actualizing feeling (e.g., be the best that you can be) – beyond linear, the statement should be looking upward The Vision Statement needs to be something that Customers will remember In addition to Behavioral concerns we need to talk about Health We should include something about "Mind and Body" – how we impact both The phrase "Changing Direction" feels more outside rather than internally-oriented (person centered) Guiding people through choices of joining Mind and Body Guiding people to find the tools to improve their overall well being Empowering the Members of the Communities we serve to become their healthiest self in Mind and Body Starting (Guiding) your journey to overall Wellness and Growth (Health) Joining (Connecting) Health to Behavioral Health – Could be useful in Branding Affecting change in health toward positive growth, wholeness and balance Health as a whole – a Tag Line – with a description to follow Guiding others – Joining others in their journey Restoring balance and guiding personal (positive) growth Health Jump to a Healthier Life Individual vs. Families vs Communities vs Systems vs State – need to be integrative Leading the way to Healthy, Stable Life Styles (of all types) Empowerment Guiding (Leading) people to Healthier Lives Empowering the Body and Mind as one Leading the Journey of recovering balanced, healthy lives First, in leadingadd a description	The Vision Statement should not be more than 7 words in length.
Where is "Holistic" in the vision? "Changing direction" sounds too linear — there should be more emphasis on "balanced and stability" — we should move beyond linear thinking to circular thinking The old Vision Statement feels too linear — we need to include some self-actualizing feeling (e.g., be the best that you can be) — beyond linear, the statement should be looking upward The Vision Statement needs to be something that Customers will remember In addition to Behavioral concerns we need to talk about Health We should include something about "Mind and Body" — how we impact both The phrase "Changing Direction" feels more outside rather than internally-oriented (person centered) Guiding people through choices of joining Mind and Body Guiding people to find the tools to improve their overall well being Empowering the Members of the Communities we serve to become their healthiest self in Mind and Body Starting (Guiding) your journey to overall Wellness and Growth (Health) Joining (Connecting) Health to Behavioral Health — Could be useful in Branding Affecting change in health toward positive growth, wholeness and balance Health as a whole — a Tag Line — with a description to follow Guiding others — Joining others in their journey Restoring balance and guiding personal (positive) growth Health Jump to a Healthier Life Individual vs. Families vs Communities vs Systems vs State — need to be integrative Leading the way to Healthy, Stable Life Styles (of all types) Empowerment Guiding (Leading) people to Healthier Lives Empowering the Body and Mind as one Leading the Journey of recovering balanced, healthy lives First, in leadingadd a description	Some words that "feel right" and could be included are: Guiding, Joining, Recovering,
"Changing direction" sounds too linear – there should be more emphasis on "balanced and stability" – we should move beyond linear thinking to circular thinking The old Vision Statement feels too linear – we need to include some self-actualizing feeling (e.g., be the best that you can be) – beyond linear, the statement should be looking upward The Vision Statement needs to be something that Customers will remember In addition to Behavioral concerns we need to talk about Health We should include something about "Mind and Body" – how we impact both The phrase "Changing Direction" feels more outside rather than internally-oriented (person centered) Guiding people through choices of joining Mind and Body Guiding people to find the tools to improve their overall well being Empowering the Members of the Communities we serve to become their healthiest self in Mind and Body Starting (Guiding) your journey to overall Wellness and Growth (Health) Joining (Connecting) Health to Behavioral Health – Could be useful in Branding Affecting change in health toward positive growth, wholeness and balance Health as a whole – a Tag Line – with a description to follow Guiding others – Joining others in their journey Restoring balance and guiding personal (positive) growth Health Pioneers of change, balance and Health Jump to a Healthier Life Individual vs. Families vs Communities vs Systems vs State – need to be integrative Leading the way to Healthy, Stable Life Styles (of all types) Empowerment Guiding (Leading) people to Healthier Lives Empowering the Body and Mind as one Leading the Journey of recovering balanced, healthy lives First, in leadingadd a description	Journey, Communities, Leading, Health, Empowerment
and stability" – we should move beyond linear thinking to circular thinking The old Vision Statement feels too linear – we need to include some self-actualizing feeling (e.g., be the best that you can be) – beyond linear, the statement should be looking upward The Vision Statement needs to be something that Customers will remember In addition to Behavioral concerns we need to talk about Health We should include something about "Mind and Body" – how we impact both The phrase "Changing Direction" feels more outside rather than internally-oriented (person centered) Guiding people through choices of joining Mind and Body Guiding people to find the tools to improve their overall well being Empowering the Members of the Communities we serve to become their healthiest self in Mind and Body Starting (Guiding) your journey to overall Wellness and Growth (Health) Joining (Connecting) Health to Behavioral Health – Could be useful in Branding Affecting change in health toward positive growth, wholeness and balance Health as a whole – a Tag Line – with a description to follow Guiding others – Joining others in their journey Restoring balance and guiding personal (positive) growth Health Pioneers of change, balance and Health Jump to a Healthier Life Individual vs. Families vs Communities vs Systems vs State – need to be integrative Leading the way to Healthy, Stable Life Styles (of all types) Empowerment Guiding (Leading) people to Healthier Lives Empowering the Body and Mind as one Leading the Journey of recovering balanced, healthy lives First, in leadingadd a description	Where is "Holistic" in the vision?
The old Vision Statement feels too linear – we need to include some self-actualizing feeling (e.g., be the best that you can be) – beyond linear, the statement should be looking upward The Vision Statement needs to be something that Customers will remember In addition to Behavioral concerns we need to talk about Health We should include something about "Mind and Body" – how we impact both The phrase "Changing Direction" feels more outside rather than internally-oriented (person centered) Guiding people through choices of joining Mind and Body Guiding people to find the tools to improve their overall well being Empowering the Members of the Communities we serve to become their healthiest self in Mind and Body Starting (Guiding) your journey to overall Wellness and Growth (Health) Joining (Connecting) Health to Behavioral Health – Could be useful in Branding Affecting change in health toward positive growth, wholeness and balance Health as a whole – a Tag Line – with a description to follow Guiding others – Joining others in their journey Restoring balance and guiding personal (positive) growth Health Pioneers of change, balance and Health Jump to a Healthier Life Individual vs. Families vs Communities vs Systems vs State – need to be integrative Leading the way to Healthy, Stable Life Styles (of all types) Empowerment Guiding (Leading) people to Healthier Lives Empowering the Body and Mind as one Leading the Journey of recovering balanced, healthy lives First, in leading add a description	"Changing direction" sounds too linear – there should be more emphasis on "balanced
feeling (e.g., be the best that you can be) – beyond linear, the statement should be looking upward The Vision Statement needs to be something that Customers will remember In addition to Behavioral concerns we need to talk about Health We should include something about "Mind and Body" – how we impact both The phrase "Changing Direction" feels more outside rather than internally-oriented (person centered) Guiding people through choices of joining Mind and Body Guiding people to find the tools to improve their overall well being Empowering the Members of the Communities we serve to become their healthiest self in Mind and Body Starting (Guiding) your journey to overall Wellness and Growth (Health) Joining (Connecting) Health to Behavioral Health – Could be useful in Branding Affecting change in health toward positive growth, wholeness and balance Health as a whole – a Tag Line – with a description to follow Guiding others – Joining others in their journey Restoring balance and guiding personal (positive) growth Health Pioneers of change, balance and Health Jump to a Healthier Life Individual vs. Families vs Communities vs Systems vs State – need to be integrative Leading the way to Healthy, Stable Life Styles (of all types) Empowerment Guiding (Leading) people to Healthier Lives Empowering the Body and Mind as one Leading the Journey of recovering balanced, healthy lives First, in leadingadd a description	and stability" - we should move beyond linear thinking to circular thinking
In addition to Behavioral concerns we need to talk about Health We should include something about "Mind and Body" – how we impact both The phrase "Changing Direction" feels more outside rather than internally-oriented (person centered) Guiding people through choices of joining Mind and Body Guiding people to find the tools to improve their overall well being Empowering the Members of the Communities we serve to become their healthiest self in Mind and Body Starting (Guiding) your journey to overall Wellness and Growth (Health) Joining (Connecting) Health to Behavioral Health – Could be useful in Branding Affecting change in health toward positive growth, wholeness and balance Health as a whole – a Tag Line – with a description to follow Guiding others – Joining others in their journey Restoring balance and guiding personal (positive) growth Health Pioneers of change, balance and Health Jump to a Healthier Life Individual vs. Families vs Communities vs Systems vs State – need to be integrative Leading the way to Healthy, Stable Life Styles (of all types) Empowerment Guiding (Leading) people to Healthier Lives Empowering the Body and Mind as one Leading the Journey of recovering balanced, healthy lives First, in leadingadd a description	
The Vision Statement needs to be something that Customers will remember In addition to Behavioral concerns we need to talk about Health We should include something about "Mind and Body" – how we impact both The phrase "Changing Direction" feels more outside rather than internally-oriented (person centered) Guiding people through choices of joining Mind and Body Guiding people to find the tools to improve their overall well being Empowering the Members of the Communities we serve to become their healthiest self in Mind and Body Starting (Guiding) your journey to overall Wellness and Growth (Health) Joining (Connecting) Health to Behavioral Health – Could be useful in Branding Affecting change in health toward positive growth, wholeness and balance Health as a whole – a Tag Line – with a description to follow Guiding others – Joining others in their journey Restoring balance and guiding personal (positive) growth Health Pioneers of change, balance and Health Jump to a Healthier Life Individual vs. Families vs Communities vs Systems vs State – need to be integrative Leading the way to Healthy, Stable Life Styles (of all types) Empowerment Guiding (Leading) people to Healthier Lives Empowering the Body and Mind as one Leading the Journey of recovering balanced, healthy lives First, in leadingadd a description	feeling (e.g., be the best that you can be) – beyond linear, the statement should be looking
In addition to Behavioral concerns we need to talk about Health We should include something about "Mind and Body" – how we impact both The phrase "Changing Direction" feels more outside rather than internally-oriented (person centered) Guiding people through choices of joining Mind and Body Guiding people to find the tools to improve their overall well being Empowering the Members of the Communities we serve to become their healthiest self in Mind and Body Starting (Guiding) your journey to overall Wellness and Growth (Health) Joining (Connecting) Health to Behavioral Health – Could be useful in Branding Affecting change in health toward positive growth, wholeness and balance Health as a whole – a Tag Line – with a description to follow Guiding others – Joining others in their journey Restoring balance and guiding personal (positive) growth Health Pioneers of change, balance and Health Jump to a Healthier Life Individual vs. Families vs Communities vs Systems vs State – need to be integrative Leading the way to Healthy, Stable Life Styles (of all types) Empowerment Guiding (Leading) people to Healthier Lives Empowering the Body and Mind as one Leading the Journey of recovering balanced, healthy lives First, in leadingadd a description	upward
We should include something about "Mind and Body" – how we impact both The phrase "Changing Direction" feels more outside rather than internally-oriented (person centered) Guiding people through choices of joining Mind and Body Guiding people to find the tools to improve their overall well being Empowering the Members of the Communities we serve to become their healthiest self in Mind and Body Starting (Guiding) your journey to overall Wellness and Growth (Health) Joining (Connecting) Health to Behavioral Health – Could be useful in Branding Affecting change in health toward positive growth, wholeness and balance Health as a whole – a Tag Line – with a description to follow Guiding others – Joining others in their journey Restoring balance and guiding personal (positive) growth Health Pioneers of change, balance and Health Jump to a Healthier Life Individual vs. Families vs Communities vs Systems vs State – need to be integrative Leading the way to Healthy, Stable Life Styles (of all types) Empowerment Guiding (Leading) people to Healthier Lives Empowering the Body and Mind as one Leading the Journey of recovering balanced, healthy lives First, in leadingadd a description	The Vision Statement needs to be something that Customers will remember
The phrase "Changing Direction" feels more outside rather than internally-oriented (person centered) Guiding people through choices of joining Mind and Body Guiding people to find the tools to improve their overall well being Empowering the Members of the Communities we serve to become their healthiest self in Mind and Body Starting (Guiding) your journey to overall Wellness and Growth (Health) Joining (Connecting) Health to Behavioral Health – Could be useful in Branding Affecting change in health toward positive growth, wholeness and balance Health as a whole – a Tag Line – with a description to follow Guiding others – Joining others in their journey Restoring balance and guiding personal (positive) growth Health Pioneers of change, balance and Health Jump to a Healthier Life Individual vs. Families vs Communities vs Systems vs State – need to be integrative Leading the way to Healthy, Stable Life Styles (of all types) Empowerment Guiding (Leading) people to Healthier Lives Empowering the Body and Mind as one Leading the Journey of recovering balanced, healthy lives First, in leadingadd a description	In addition to Behavioral concerns we need to talk about Health
(person centered) Guiding people through choices of joining Mind and Body Guiding people to find the tools to improve their overall well being Empowering the Members of the Communities we serve to become their healthiest self in Mind and Body Starting (Guiding) your journey to overall Wellness and Growth (Health) Joining (Connecting) Health to Behavioral Health – Could be useful in Branding Affecting change in health toward positive growth, wholeness and balance Health as a whole – a Tag Line – with a description to follow Guiding others – Joining others in their journey Restoring balance and guiding personal (positive) growth Health Pioneers of change, balance and Health Jump to a Healthier Life Individual vs. Families vs Communities vs Systems vs State – need to be integrative Leading the way to Healthy, Stable Life Styles (of all types) Empowerment Guiding (Leading) people to Healthier Lives Empowering the Body and Mind as one Leading the Journey of recovering balanced, healthy lives First, in leadingadd a description	We should include something about "Mind and Body" – how we impact both
Guiding people through choices of joining Mind and Body Guiding people to find the tools to improve their overall well being Empowering the Members of the Communities we serve to become their healthiest self in Mind and Body Starting (Guiding) your journey to overall Wellness and Growth (Health) Joining (Connecting) Health to Behavioral Health – Could be useful in Branding Affecting change in health toward positive growth, wholeness and balance Health as a whole – a Tag Line – with a description to follow Guiding others – Joining others in their journey Restoring balance and guiding personal (positive) growth Health Pioneers of change, balance and Health Jump to a Healthier Life Individual vs. Families vs Communities vs Systems vs State – need to be integrative Leading the way to Healthy, Stable Life Styles (of all types) Empowerment Guiding (Leading) people to Healthier Lives Empowering the Body and Mind as one Leading the Journey of recovering balanced, healthy lives First, in leadingadd a description	The phrase "Changing Direction" feels more outside rather than internally-oriented
Guiding people to find the tools to improve their overall well being Empowering the Members of the Communities we serve to become their healthiest self in Mind and Body Starting (Guiding) your journey to overall Wellness and Growth (Health) Joining (Connecting) Health to Behavioral Health – Could be useful in Branding Affecting change in health toward positive growth, wholeness and balance Health as a whole – a Tag Line – with a description to follow Guiding others – Joining others in their journey Restoring balance and guiding personal (positive) growth Health Pioneers of change, balance and Health Jump to a Healthier Life Individual vs. Families vs Communities vs Systems vs State – need to be integrative Leading the way to Healthy, Stable Life Styles (of all types) Empowerment Guiding (Leading) people to Healthier Lives Empowering the Body and Mind as one Leading the Journey of recovering balanced, healthy lives First, in leadingadd a description	(person centered)
Empowering the Members of the Communities we serve to become their healthiest self in Mind and Body Starting (Guiding) your journey to overall Wellness and Growth (Health) Joining (Connecting) Health to Behavioral Health – Could be useful in Branding Affecting change in health toward positive growth, wholeness and balance Health as a whole – a Tag Line – with a description to follow Guiding others – Joining others in their journey Restoring balance and guiding personal (positive) growth Health Pioneers of change, balance and Health Jump to a Healthier Life Individual vs. Families vs Communities vs Systems vs State – need to be integrative Leading the way to Healthy, Stable Life Styles (of all types) Empowerment Guiding (Leading) people to Healthier Lives Empowering the Body and Mind as one Leading the Journey of recovering balanced, healthy lives First, in leadingadd a description	
Mind and Body Starting (Guiding) your journey to overall Wellness and Growth (Health) Joining (Connecting) Health to Behavioral Health – Could be useful in Branding Affecting change in health toward positive growth, wholeness and balance Health as a whole – a Tag Line – with a description to follow Guiding others – Joining others in their journey Restoring balance and guiding personal (positive) growth Health Pioneers of change, balance and Health Jump to a Healthier Life Individual vs. Families vs Communities vs Systems vs State – need to be integrative Leading the way to Healthy, Stable Life Styles (of all types) Empowerment Guiding (Leading) people to Healthier Lives Empowering the Body and Mind as one Leading the Journey of recovering balanced, healthy lives First, in leadingadd a description	Guiding people to find the tools to improve their overall well being
Starting (Guiding) your journey to overall Wellness and Growth (Health) Joining (Connecting) Health to Behavioral Health – Could be useful in Branding Affecting change in health toward positive growth, wholeness and balance Health as a whole – a Tag Line – with a description to follow Guiding others – Joining others in their journey Restoring balance and guiding personal (positive) growth Health Pioneers of change, balance and Health Jump to a Healthier Life Individual vs. Families vs Communities vs Systems vs State – need to be integrative Leading the way to Healthy, Stable Life Styles (of all types) Empowerment Guiding (Leading) people to Healthier Lives Empowering the Body and Mind as one Leading the Journey of recovering balanced, healthy lives First, in leadingadd a description	Empowering the Members of the Communities we serve to become their healthiest self in
Joining (Connecting) Health to Behavioral Health – Could be useful in Branding Affecting change in health toward positive growth, wholeness and balance Health as a whole – a Tag Line – with a description to follow Guiding others – Joining others in their journey Restoring balance and guiding personal (positive) growth Health Pioneers of change, balance and Health Jump to a Healthier Life Individual vs. Families vs Communities vs Systems vs State – need to be integrative Leading the way to Healthy, Stable Life Styles (of all types) Empowerment Guiding (Leading) people to Healthier Lives Empowering the Body and Mind as one Leading the Journey of recovering balanced, healthy lives First, in leadingadd a description	
Affecting change in health toward positive growth, wholeness and balance Health as a whole – a Tag Line – with a description to follow Guiding others – Joining others in their journey Restoring balance and guiding personal (positive) growth Health Pioneers of change, balance and Health Jump to a Healthier Life Individual vs. Families vs Communities vs Systems vs State – need to be integrative Leading the way to Healthy, Stable Life Styles (of all types) Empowerment Guiding (Leading) people to Healthier Lives Empowering the Body and Mind as one Leading the Journey of recovering balanced, healthy lives First, in leadingadd a description	Starting (Guiding) your journey to overall Wellness and Growth (Health)
Health as a whole – a Tag Line – with a description to follow Guiding others – Joining others in their journey Restoring balance and guiding personal (positive) growth Health Pioneers of change, balance and Health Jump to a Healthier Life Individual vs. Families vs Communities vs Systems vs State – need to be integrative Leading the way to Healthy, Stable Life Styles (of all types) Empowerment Guiding (Leading) people to Healthier Lives Empowering the Body and Mind as one Leading the Journey of recovering balanced, healthy lives First, in leadingadd a description	
Guiding others – Joining others in their journey Restoring balance and guiding personal (positive) growth Health Pioneers of change, balance and Health Jump to a Healthier Life Individual vs. Families vs Communities vs Systems vs State – need to be integrative Leading the way to Healthy, Stable Life Styles (of all types) Empowerment Guiding (Leading) people to Healthier Lives Empowering the Body and Mind as one Leading the Journey of recovering balanced, healthy lives First, in leadingadd a description	
Restoring balance and guiding personal (positive) growth Health Pioneers of change, balance and Health Jump to a Healthier Life Individual vs. Families vs Communities vs Systems vs State – need to be integrative Leading the way to Healthy, Stable Life Styles (of all types) Empowerment Guiding (Leading) people to Healthier Lives Empowering the Body and Mind as one Leading the Journey of recovering balanced, healthy lives First, in leadingadd a description	
Health Pioneers of change, balance and Health Jump to a Healthier Life Individual vs. Families vs Communities vs Systems vs State – need to be integrative Leading the way to Healthy, Stable Life Styles (of all types) Empowerment Guiding (Leading) people to Healthier Lives Empowering the Body and Mind as one Leading the Journey of recovering balanced, healthy lives First, in leadingadd a description	Guiding others – Joining others in their journey
Pioneers of change, balance and Health Jump to a Healthier Life Individual vs. Families vs Communities vs Systems vs State – need to be integrative Leading the way to Healthy, Stable Life Styles (of all types) Empowerment Guiding (Leading) people to Healthier Lives Empowering the Body and Mind as one Leading the Journey of recovering balanced, healthy lives First, in leadingadd a description	Restoring balance and guiding personal (positive) growth
Jump to a Healthier Life Individual vs. Families vs Communities vs Systems vs State – need to be integrative Leading the way to Healthy, Stable Life Styles (of all types) Empowerment Guiding (Leading) people to Healthier Lives Empowering the Body and Mind as one Leading the Journey of recovering balanced, healthy lives First, in leadingadd a description	Health
Individual vs. Families vs Communities vs Systems vs State – need to be integrative Leading the way to Healthy, Stable Life Styles (of all types) Empowerment Guiding (Leading) people to Healthier Lives Empowering the Body and Mind as one Leading the Journey of recovering balanced, healthy lives First, in leadingadd a description	Pioneers of change, balance and Health
Leading the way to Healthy, Stable Life Styles (of all types) Empowerment Guiding (Leading) people to Healthier Lives Empowering the Body and Mind as one Leading the Journey of recovering balanced, healthy lives First, in leadingadd a description	Jump to a Healthier Life
Empowerment Guiding (Leading) people to Healthier Lives Empowering the Body and Mind as one Leading the Journey of recovering balanced, healthy lives First, in leadingadd a description	
Guiding (Leading) people to Healthier Lives Empowering the Body and Mind as one Leading the Journey of recovering balanced, healthy lives First, in leadingadd a description	Leading the way to Healthy, Stable Life Styles (of all types)
Empowering the Body and Mind as one Leading the Journey of recovering balanced, healthy lives First, in leadingadd a description	Empowerment
Leading the Journey of recovering balanced, healthy lives First, in leadingadd a description	Guiding (Leading) people to Healthier Lives
First, in leadingadd a description	Empowering the Body and Mind as one
	Leading the Journey of recovering balanced, healthy lives
	Guiding vs LeadingGuiding the Journey to Health

"Possible Vision Statement Refinements"

(Guiding the Journey to Overall Health
I	Leading your Journey to a Healthier Life
I	Leading to Balance and Growth

External Assessment "Opportunities and Threats"

Opportunities	Threats
Changes in Medical Insurance	Moving into new areas
~ More individuals can receive Out	~ Will incur short-term costs
Patient services	~ Need to do a cost/benefit analysis
	before making a commitment
	~ Need to be careful to not spread
	ourselves too thin
Additional funding from the State	Medicaid Audits
~ Expand current programs to new	~ We can be exposed to potential
locations in the state	liabilities
	~ Our exposure should be going down
Expand Residential to include Out Patients	Other Agencies are also going to be
	pursuing integrated approaches.
	~ Competition is expected (e.g.,
	Wheeler Clinic)
New Behavioral Health Markets	Need to attract more Multicultural Staff
~ January 1 – Folks with private health	~ Important to reflect and represent all
plans, not previously covered, will be	of our populations
eligible for services	
Expand services in Residential Units	Competition for the best Staff
~ More emphasis on Family services	~ Our organization could become a stepping stone into state jobs
More mental health programs for	Staff needs to buy into the new Vision
Adolescents	
~ Build on current Adolescent programs	
and offer them to the general public –	
particularly with a family focus	

External Assessment "Opportunities and Threats"

(continued)

Threats
Change in Leadership at CSSD
Level of accountability for program outcomes continues to increase
DOC Program funding is leveling ~ Yet, more services need to be provided ~ Overall costs are going up
Food Stamp Support will decrease as of November 1 ~ Impact will be felt in Waterbury East and West
Timeliness of receiving payment for
services is increasing

Exhibit 4 "Strengths and Weaknesses"

Strengths	Weaknesses	
Good relationships with Funders	Need to create a Billing Manager position	
Utilize resources within the Agency to provide multiple services	Need to maintain the Facilities better	
Passion for the work (provides guidance)	Stagnant salaries for Staff	
Very strong Board ~ They know the business ~ They bring diverse strengths and perspectives	Age and condition of Residential Facilities	
Supportive Central Administration	Overall need for more Staff	
Great Leader of Change	We need to review work processes to become more efficient	
Clients are highly satisfied – they want to return	Need to build a Knowledge, Skill, Ability (KSA) assessment	
Launching the new Electronic Medical Assessing employee "Fit" tools – the getting better		
Technology ~ When it works	Technology ~ When it does not work	
Teamwork ~ Getting better based on feedback from all levels	Few good evaluation systems – they are needed more now with our increasing size	
Protecting confidential information is good ~ Issues will increase with increase in size of the Agency	Need to update confidentiality policies and practices ~ More education is needed about time and communication	
Folks get along will ~ In it for the right reasons	Some jobs typically lead to burn out in 12-18 months	
	Need to improve Retention pathways More cross-training opportunities based on KSA gap analysis	

"Strengths and Weaknesses"

(continued)

Strengths	Weaknesses
	Need to refresh the Programs in the Residential units
	More to do with less resources – this leads to more stress – we need to find ways to reduce stress

ļ

Connecticut Renaissance 2013 Strategic Planning Session

"Field Notes"

Location:

Trumbull Marriott

Trumbull, CT

Date:

Thursday November 21, 2013

Time:

9:00 AM - 12:00 Noon

- 1. The meeting began with opening remarks by CEO Rachael Petitti on the decision to change the initial process plan for this year's strategic planning session. Specifically, in lieu of focusing on potential revisions to the Vision and Mission Statements, which will be addressed in another forum, the purpose of this session would be to focus directly on four areas of great interest to the Agency with the intent being to identify measurable goals for the next two years in each of the key areas.
- 2. Rachael identified the four areas as being: Primary Care Integration; Training and IT; Out Patient Ambulatory Services; and sources of New Revenue. Given these areas, Rachael invited Participants to begin by moving into self-selected groups of individuals to generate ideas for how progress could be made in each of these areas.
- 3. After an initial discussion and report out by each group on their selected areas of interest, the groups moved on to another area of interest to continue generating more ideas to consider. Moving in this fashion, each group eventually provided input on all four areas (see Exhibits 1, 2, 3, and 4).
- 4. With extensive lists of ideas in each of the four areas, next Jim Fairfield-Sonn, the Facilitator, guided the group through a process of summarizing the ideas into specific goals for each area with an individual(s) assigned to be accountable for moving forward to reach each goal within an agreed upon timetable (see Exhibits 5, 6, 7 and 8).
- 5. The session concluded with Rachael providing summary comments and a clear graphic representation of how not only was each area important, in and of itself, but also how all four areas were themselves highly inter-connected.

"Primary Care Integration"

Veterans [Trauma; Military care; SA care] Treating the Residential as a whole [Including the entire family (housing, MH, medical services for the Client families)] Bringing Medical services inside the facility Women and children TRAUMA care in house DV in house FT Psych. Family sessions expanded [Cross bridge services] Service Models [How to Where to] Traming up Inter-Agency and network with other Agencies Family Care needs to be continued for a longer period of time Reinstate After Care services Expand Vocational and Counseling services internally [Comp labs in units; training program] Internal education services (GED; Comp. Lit.] Conclusion [We want to provide services that touch every aspect of a person's life (Medical; Mlt; Education; Client families; Housing; Vocational; Pro-social activities)] Avenue 2 streamline process of entitlement Medical and FS (direct link to DSS) File for 330 Grant to be a federally qualified Health Center More collaborations Integrate Volunteer Agencies to provide services to Clients Provide services to Clients [e.g., Thresholds literacy volunteers] Provide introduction to Referral services Self Defense Re-entry services	
Treating the Residential as a whole [Including the entire family (housing, MH, medical services for the Client families)] Bringing Medical services inside the facility Women and children TRAUMA care in house DV in house FT Psych. Family sessions expanded [Cross bridge services] Service Models [How to Where to] Teaming up Inter-Agency and network with other Agencies Family Care needs to be continued for a longer period of time Reinstate After Care services Expand Vocational and Counseling services internally [Comp labs in units; training program] Internal education services (GED; Comp. Lit.] Conclusion [We want to provide services that touch every aspect of a person's life (Medical; Mlt; Education; Client families; Housing; Vocational; Pro-social activities)] Avenue 2 streamline process of entitlement Medical and FS (direct link to DSS) File for 330 Grant to be a federally qualified Health Center More collaborations Integrate Volunteer Agencies to provide services to Clients Provide services to Clients [e.g., Thresholds literacy volunteers] Provide introduction to Referral services Self Defense Fatherhood services Family Skill services	Veterans
[Including the entire family (housing, MH, medical services for the Client families)] Bringing Medical services inside the facility Women and children TRAUMA care in house DV in house FT Psych. Family sessions expanded [Cross bridge services] Service Models [How to Where to] Teaming up Inter-Agency and network with other Agencies Family Care needs to be continued for a longer period of time Reinstate After Care services Expand Vocational and Counseling services internally [Comp labs in units; training program] Internal education services (GED; Comp. Lit.] Conclusion [We want to provide services that touch every aspect of a person's life (Medical; Mlt; Education; Client families; Housing; Vocational; Pro-social activities)] Avenue 2 streamline process of entitlement Medical and FS (direct link to DSS) File for 330 Grant to be a federally qualified Health Center More collaborations Integrate Volunteer Agencies to provide services to Clients Provide services to Clients [e.g., Thresholds literacy volunteers] Provide introduction to Referral services Self Defense Fatherhood services Family Skill services	
Bringing Medical services inside the facility Women and children TRAUMA care in house DV in house FT Psych. Family sessions expanded [Cross bridge services] Service Models [How to Where to] Teaming up Inter-Agency and network with other Agencies Family Care needs to be continued for a longer period of time Reinstate After Care services Expand Vocational and Counseling services internally [Comp labs in units; training program] Internal education services (GED; Comp. Lit.] Conclusion [We want to provide services that touch every aspect of a person's life (Medical; Mlt; Education; Client families; Housing; Vocational; Pro-social activities)] Avenue 2 streamline process of entitlement Medical and FS (direct link to DSS) File for 330 Grant to be a federally qualified Health Center More collaborations Integrate Volunteer Agencies to provide services to Clients Provide services to Clients [e.g., Thresholds literacy volunteers] Provide introduction to Referral services Self Defense Fatherhood services Family Skill services	
Women and children TRAUMA care in house DV in house FT Psych. Family sessions expanded [Cross bridge services] Service Models [How to Where to] Teaming up Inter-Agency and network with other Agencies Family Care needs to be continued for a longer period of time Reinstate After Care services Expand Vocational and Counseling services internally [Comp labs in units; training program] Internal education services (GED; Comp. Lit.] Conclusion [We want to provide services that touch every aspect of a person's life (Medical; Mlt; Education; Client families; Housing; Vocational; Pro-social activities)] Avenue 2 streamline process of entitlement Medical and FS (direct link to DSS) File for 330 Grant to be a federally qualified Health Center More collaborations Integrate Volunteer Agencies to provide services to Clients Provide services to Clients [e.g., Thresholds literacy volunteers] Provide introduction to Referral services Self Defense Fatherhood services Family Skill services	
TRAUMA care in house DV in house FT Psych. Family sessions expanded [Cross bridge services] Service Models [How to Where to] Teaming up Inter-Agency and network with other Agencies Family Care needs to be continued for a longer period of time Reinstate After Care services Expand Vocational and Counseling services internally [Comp labs in units; training program] Internal education services (GED; Comp. Lit.] Conclusion [We want to provide services that touch every aspect of a person's life (Medical; Mlt; Education; Client families; Housing; Vocational; Pro-social activities)] Avenue 2 streamline process of entitlement Medical and FS (direct link to DSS) File for 330 Grant to be a federally qualified Health Center More collaborations Integrate Volunteer Agencies to provide services to Clients Provide services to Clients [e.g., Thresholds literacy volunteers] Provide introduction to Referral services Self Defense Fatherhood services	· · · · · · · · · · · · · · · · · · ·
DV in house FT Psych. Family sessions expanded [Cross bridge services] Service Models [How toWhere to] Teaming up Inter-Agency and network with other Agencies Family Care needs to be continued for a longer period of time Reinstate After Care services Expand Vocational and Counseling services internally [Comp labs in units; training program] Internal education services (GED; Comp. Lit.] Conclusion [We want to provide services that touch every aspect of a person's life (Medical; Mlt; Education; Client families; Housing; Vocational; Pro-social activities)] Avenue 2 streamline process of entitlement Medical and FS (direct link to DSS) File for 330 Grant to be a federally qualified Health Center More collaborations Integrate Volunteer Agencies to provide services to Clients Provide services to Clients [e.g., Thresholds literacy volunteers] Provide introduction to Referral services Self Defense Fatherhood services Family Skill services	Women and children
FT Psych. Family sessions expanded [Cross bridge services] Service Models [How to Where to] Teaming up Inter-Agency and network with other Agencies Family Care needs to be continued for a longer period of time Reinstate After Care services Expand Vocational and Counseling services internally [Comp labs in units; training program] Internal education services (GED; Comp. Lit.] Conclusion [We want to provide services that touch every aspect of a person's life (Medical; Mlt; Education; Client families; Housing; Vocational; Pro-social activities)] Avenue 2 streamline process of entitlement Medical and FS (direct link to DSS) File for 330 Grant to be a federally qualified Health Center More collaborations Integrate Volunteer Agencies to provide services to Clients Provide services to Clients [e.g., Thresholds literacy volunteers] Provide introduction to Referral services Self Defense Fatherhood services Family Skill services	TRAUMA care in house
Family sessions expanded [Cross bridge services] Service Models [How toWhere to] Teaming up Inter-Agency and network with other Agencies Family Care needs to be continued for a longer period of time Reinstate After Care services Expand Vocational and Counseling services internally [Comp labs in units; training program] Internal education services (GED; Comp. Lit.] Conclusion [We want to provide services that touch every aspect of a person's life (Medical; Mlt; Education; Client families; Housing; Vocational; Pro-social activities)] Avenue 2 streamline process of entitlement Medical and FS (direct link to DSS) File for 330 Grant to be a federally qualified Health Center More collaborations Integrate Volunteer Agencies to provide services to Clients Provide services to Clients [e.g., Thresholds literacy volunteers] Provide introduction to Referral services Self Defense Fatherhood services Family Skill services	DV in house
[Cross bridge services] Service Models [How to Where to] Teaming up Inter-Agency and network with other Agencies Family Care needs to be continued for a longer period of time Reinstate After Care services Expand Vocational and Counseling services internally [Comp labs in units; training program] Internal education services (GED; Comp. Lit.] Conclusion [We want to provide services that touch every aspect of a person's life (Medical; Mlt; Education; Client families; Housing; Vocational; Pro-social activities)] Avenue 2 streamline process of entitlement Medical and FS (direct link to DSS) File for 330 Grant to be a federally qualified Health Center More collaborations Integrate Volunteer Agencies to provide services to Clients Provide services to Clients [e.g., Thresholds literacy volunteers] Provide introduction to Referral services Self Defense Fatherhood services Family Skill services	FT Psych.
Service Models [How toWhere to] Teaming up Inter-Agency and network with other Agencies Family Care needs to be continued for a longer period of time Reinstate After Care services Expand Vocational and Counseling services internally [Comp labs in units; training program] Internal education services (GED; Comp. Lit.] Conclusion [We want to provide services that touch every aspect of a person's life (Medical; Mlt; Education; Client families; Housing; Vocational; Pro-social activities)] Avenue 2 streamline process of entitlement Medical and FS (direct link to DSS) File for 330 Grant to be a federally qualified Health Center More collaborations Integrate Volunteer Agencies to provide services to Clients Provide services to Clients [e.g., Thresholds literacy volunteers] Provide introduction to Referral services Self Defense Fatherhood services Family Skill services	Family sessions expanded
[How toWhere to] Teaming up Inter-Agency and network with other Agencies Family Care needs to be continued for a longer period of time Reinstate After Care services Expand Vocational and Counseling services internally [Comp labs in units; training program] Internal education services (GED; Comp. Lit.] Conclusion [We want to provide services that touch every aspect of a person's life (Medical; Mlt; Education; Client families; Housing; Vocational; Pro-social activities)] Avenue 2 streamline process of entitlement Medical and FS (direct link to DSS) File for 330 Grant to be a federally qualified Health Center More collaborations Integrate Volunteer Agencies to provide services to Clients Provide services to Clients [e.g., Thresholds literacy volunteers] Provide introduction to Referral services Self Defense Fatherhood services Family Skill services	[Cross bridge services]
Teaming up Inter-Agency and network with other Agencies Family Care needs to be continued for a longer period of time Reinstate After Care services Expand Vocational and Counseling services internally [Comp labs in units; training program] Internal education services (GED; Comp. Lit.] Conclusion [We want to provide services that touch every aspect of a person's life (Medical; Mlt; Education; Client families; Housing; Vocational; Pro-social activities)] Avenue 2 streamline process of entitlement Medical and FS (direct link to DSS) File for 330 Grant to be a federally qualified Health Center More collaborations Integrate Volunteer Agencies to provide services to Clients Provide services to Clients [e.g., Thresholds literacy volunteers] Provide introduction to Referral services Self Defense Fatherhood services Family Skill services	Service Models
Family Care needs to be continued for a longer period of time Reinstate After Care services Expand Vocational and Counseling services internally [Comp labs in units; training program] Internal education services (GED; Comp. Lit.] Conclusion [We want to provide services that touch every aspect of a person's life (Medical; Mlt; Education; Client families; Housing; Vocational; Pro-social activities)] Avenue 2 streamline process of entitlement Medical and FS (direct link to DSS) File for 330 Grant to be a federally qualified Health Center More collaborations Integrate Volunteer Agencies to provide services to Clients Provide services to Clients [e.g., Thresholds literacy volunteers] Provide introduction to Referral services Self Defense Fatherhood services Family Skill services	[How toWhere to]
Reinstate After Care services Expand Vocational and Counseling services internally [Comp labs in units; training program] Internal education services (GED; Comp. Lit.] Conclusion [We want to provide services that touch every aspect of a person's life (Medical; Mlt; Education; Client families; Housing; Vocational; Pro-social activities)] Avenue 2 streamline process of entitlement Medical and FS (direct link to DSS) File for 330 Grant to be a federally qualified Health Center More collaborations Integrate Volunteer Agencies to provide services to Clients Provide services to Clients [e.g., Thresholds literacy volunteers] Provide introduction to Referral services Self Defense Fatherhood services Family Skill services	Teaming up Inter-Agency and network with other Agencies
Expand Vocational and Counseling services internally [Comp labs in units; training program] Internal education services (GED; Comp. Lit.] Conclusion [We want to provide services that touch every aspect of a person's life (Medical; Mlt; Education; Client families; Housing; Vocational; Pro-social activities)] Avenue 2 streamline process of entitlement Medical and FS (direct link to DSS) File for 330 Grant to be a federally qualified Health Center More collaborations Integrate Volunteer Agencies to provide services to Clients Provide services to Clients [e.g., Thresholds literacy volunteers] Provide introduction to Referral services Self Defense Fatherhood services Family Skill services	Family Care needs to be continued for a longer period of time
[Comp labs in units; training program] Internal education services (GED; Comp. Lit.] Conclusion [We want to provide services that touch every aspect of a person's life (Medical; Mlt; Education; Client families; Housing; Vocational; Pro-social activities)] Avenue 2 streamline process of entitlement Medical and FS (direct link to DSS) File for 330 Grant to be a federally qualified Health Center More collaborations Integrate Volunteer Agencies to provide services to Clients Provide services to Clients [e.g., Thresholds literacy volunteers] Provide introduction to Referral services Self Defense Fatherhood services Family Skill services	Reinstate After Care services
Internal education services (GED; Comp. Lit.) Conclusion [We want to provide services that touch every aspect of a person's life (Medical; Mlt; Education; Client families; Housing; Vocational; Pro-social activities)] Avenue 2 streamline process of entitlement Medical and FS (direct link to DSS) File for 330 Grant to be a federally qualified Health Center More collaborations Integrate Volunteer Agencies to provide services to Clients Provide services to Clients [e.g., Thresholds literacy volunteers] Provide introduction to Referral services Self Defense Fatherhood services Family Skill services	Expand Vocational and Counseling services internally
Conclusion [We want to provide services that touch every aspect of a person's life (Medical; Mlt; Education; Client families; Housing; Vocational; Pro-social activities)] Avenue 2 streamline process of entitlement Medical and FS (direct link to DSS) File for 330 Grant to be a federally qualified Health Center More collaborations Integrate Volunteer Agencies to provide services to Clients Provide services to Clients [e.g., Thresholds literacy volunteers] Provide introduction to Referral services Self Defense Fatherhood services Family Skill services	[Comp labs in units; training program]
[We want to provide services that touch every aspect of a person's life (Medical; Mlt; Education; Client families; Housing; Vocational; Pro-social activities)] Avenue 2 streamline process of entitlement Medical and FS (direct link to DSS) File for 330 Grant to be a federally qualified Health Center More collaborations Integrate Volunteer Agencies to provide services to Clients Provide services to Clients [e.g., Thresholds literacy volunteers] Provide introduction to Referral services Self Defense Fatherhood services Family Skill services	Internal education services (GED; Comp. Lit.)
Education; Client families; Housing; Vocational; Pro-social activities)] Avenue 2 streamline process of entitlement Medical and FS (direct link to DSS) File for 330 Grant to be a federally qualified Health Center More collaborations Integrate Volunteer Agencies to provide services to Clients Provide services to Clients [e.g., Thresholds literacy volunteers] Provide introduction to Referral services Self Defense Fatherhood services Family Skill services	Conclusion
Avenue 2 streamline process of entitlement Medical and FS (direct link to DSS) File for 330 Grant to be a federally qualified Health Center More collaborations Integrate Volunteer Agencies to provide services to Clients Provide services to Clients [e.g., Thresholds literacy volunteers] Provide introduction to Referral services Self Defense Fatherhood services Family Skill services	[We want to provide services that touch every aspect of a person's life (Medical; Mlt;
File for 330 Grant to be a federally qualified Health Center More collaborations Integrate Volunteer Agencies to provide services to Clients Provide services to Clients [e.g., Thresholds literacy volunteers] Provide introduction to Referral services Self Defense Fatherhood services Family Skill services	Education; Client families; Housing; Vocational; Pro-social activities)]
More collaborations Integrate Volunteer Agencies to provide services to Clients Provide services to Clients [e.g., Thresholds literacy volunteers] Provide introduction to Referral services Self Defense Fatherhood services Family Skill services	Avenue 2 streamline process of entitlement Medical and FS (direct link to DSS)
Integrate Volunteer Agencies to provide services to Clients Provide services to Clients [e.g., Thresholds literacy volunteers] Provide introduction to Referral services Self Defense Fatherhood services Family Skill services	File for 330 Grant to be a federally qualified Health Center
Provide services to Clients [e.g., Thresholds literacy volunteers] Provide introduction to Referral services Self Defense Fatherhood services Family Skill services	More collaborations
[e.g., Thresholds literacy volunteers] Provide introduction to Referral services Self Defense Fatherhood services Family Skill services	Integrate Volunteer Agencies to provide services to Clients
Provide introduction to Referral services Self Defense Fatherhood services Family Skill services	Provide services to Clients
Self Defense Fatherhood services Family Skill services	[e.g., Thresholds literacy volunteers]
Fatherhood services Family Skill services	Provide introduction to Referral services
Family Skill services	Self Defense
· · · · · · · · · · · · · · · · · · ·	Fatherhood services
Re-entry services	Family Skill services
	Re-entry services

"Primary Care Integration"

Continued

Tracked Counseling/Programming
Integrate more Residential services
Skills Testing
Out Patient
[DBT and Trauma for all populations]
Specialized services for Military personnel and their families
[Mental Health and Medical]
Connection to Medical
[One Stop Shop; Hiring of APRN, Nurse; MD]
Preventative Care
[Nutrition; Fitness; Mindfulness; Relaxation – Holistic approach]
Space
Staffing
Family Support

"Training – IT"

TRAINNG
On Boarding upgrade
E-Learning
New and trained Trainers
[Training Coordinator]
Cross Training
[More efficiencies]
Offer Clinical Training
[In House and to Outside]
Webinars
Guest Speakers
IT
Webinars
Upgrade hardware and software
HER adjusted and rolled out company wide
IT Trainer
Include IT with On Boarding
Modern/Interactive Web Site
Updated Videoconferencing
Use technology to serve Clients
IT/TRAINING
Basic competency skills
[Software training to include Excel; Word]
BIG name Trainers
Nationally renowned Trainers
Web Apps
[Do your job while being mobile with the use of an IPad/Tablet]
Intense Vocational Training for Clients
[Real electronic on line training]
Use a Psych to train Staff in Pharm.
[Develop a training track, more than just annually]
DISASTER PLAN for IT
[What if computers go done]

"Training – IT"

Continued

Utilize existing video for training		
[YouTube Access/End Filter		
Increase/Start the use of Social Media		
More Hands On Training		
Visit programs you are not familiar with to become educated and trained		
Company-wide Newsletter		
[Highlight a specific unit to inform all Agency Staff about other programs as a source of		
recognition; introduce new Employees; Achievements]		
Brown Bag Lunch Trainings		
[Trainers would switch off; more relaxed]		
Conclusion		
[Taking our Training/IT to a higher level (global if you will)]		
[We are thinking bigger because we are !!!]		
Track Training – Level of exp.		
HIPPA Training		
QA		
Training Academy		
Gorski Training		
IT Request Form with Tracking		
Evaluation of IT System +/-		
In House Training (CCB)		
Scanning DOCS		
Virus Scanning/Firewalls		
Finger/Facial Recognition		
REL Training		
ALLESS Restriction		
On-Call Support (IT)		
E-Mail Support		
New England School of Addiction		
Electronic		
[Immediate access to a Clinician - "On-Line HotLine"]		

"Training – IT"

Continued

Update Web Site	
[More interactive, update program description, employee login]	
Increase use of mobile devices	
Allow Supervisors to have access to e-mail/citrix on mobile devices	
Allow our EHR to interact with other EHRs	
Ensure that trainings meet criteria for licensing	
Allow for training in other languages	
Increase ability to tap into Bilingual Candidates	
System to generate outcomes	

"Out Patient Ambulatory Services"

Adolescent Services in all Out Patient programs
[Counseling and Psychiatric services]
Family Counseling in all Out Patient programs
Open up Adolescent and Family Out Patient to Community referrals/billing
Expanding gambling services in all Out Patients
[Adult and Adolescent]
Work toward billing for in-home programs and generalize this to community referrals
Increase Out Patient presence in schools – ability to work in schools
Out Patient Preventative Care Clinics
[Include Medical]
Case Management Units
[To assist with basic needs – insurance]
Expansion of contracted services to areas outside of Fairfield County
Comprehensive Continuum of Care
[Includes recreational component]
Request Grants
[State; Federal]
Case Management
Transport Clients to Center
Outreach
[Newspaper; Internet]
Medical Services
[Teenage pregnancy; Prenatal Education services]
[Nutrition – Blood pressure; medication; shots; physicals]
[Mobile Medical Unit – Coordinate with Health Departments and Hospitals]
Emergency Shelter Services
[Soup Kitchen – Run by Clients]
Drives – Give back Family Participation in drives
[Clothing]
[Food]
Multicultural Services
[Military; GLTB; under served]

"Out Patient Ambulatory Services"

Continued

After School Programs structured for youth
[Homework; Snacks; Recreation]
[Obesity program; Nutrition]
Math Clinic
Needle Exchange
24 Hour Crisis Hotline
Conclusion
[To serve underserved populations]
Early Intervention
EMPS
Entitlement Center
Food Bank
Client Call Center
[CCAR]
Care Coodination
[D/C Planner]
Op Vocational/ Skills Center/ Educational
Client Tracking
Child Care while parent in OP
Sober Services
[Dances]
Family Addiction Awareness
[Play]
GED Program
Program Recognition/Graduation
Art/Music Therapy
Exercise Programming

"Finance - New Revenue"

New Fundraisers (Unique)
[Toy run motorcycle; Mailing community; Carwash; Tournaments; Gala; Fashion Show;
Dress 4 Success]
Expansion – New Programs
[Family Services – In Patient]
[Open new programs – Sober Housing; Transition Housing]
[Work Force Development - Culinary Program; Grants for workforce employment]
[Driver Training – DMV; Licenses]
Detox
EAP Program
Pscyh Services
Soliciting for OIP Contracts
[Mental Health]
[Military Support]
Wellness Programs
Services for Women
[Residential]
[Children]
Volunteer Services
[Training]
Business Skills Training
Collaborations with Major Corporations – Matching
Gambling Addiction
Expansion of Faith-Based Services – Increase Partnerships
Open position for a Grant Writer/Fundraisers
Hotline services – Through Grants
Seek out more DCF Grants
Expansion of services to other areas outside of Fairfield County
Creation or incorporation of recreational services
[Fee-for-service-sliding scale]
Auction as a Fundraiser
Expand on Insurance Panels
When there is a failing Agency – Look at what they are offering and what we can then
take over
[e.g., NEON]

"Finance - New Revenue"

Continued

Major Annual Event
[Gala; Live/Silent Auction; Raffle – Car]
Sponsors
[Food Company]
[Recovery Cook Book]
State, Federal Grants – RFPs
[Structure reorganization]
Training Center
Expansion – New Services – More Revenues
Equipment Donation
[From Fitness Centers; Hotels]
Associate with large name companies that already receive large funding
[United Way; SAMHSA]
Use Social Media
[Like Connecticut Renaissance on Facebook]
Benchmark
Search for Veterans Grants
[Government spends on Military]
5K Run, Walk, Bike
[Run 4 Renaissance]
More Fundraising Tournaments
[Bowling; Basketball]
Promotion/Advertise
Employee Volunteer Program to increase recognition
[We CTR Staff volunteer to get our name out]
Corporate Sponsor for Client Holiday Celeb
[Gifts for Clients and Families]
Conclusion
[When you think of big name companies in health services – you think of CTR

Exhibit 5

"Priority Goals – Primary Care Integration"

Priority	Goals	Who is Responsible	Timing
			1 – 24 Months
Primary Care	Develop BIG	Executive	6 Months
Integration	Picture Structure	Leadership	
	MAP	SMT and Board	
	Identify Grants and	SMT and Finance	8 Months
	new Revenue	Linda and Kevin	
	Opportunities		
	FQHC look alike	Executive	12 – 18 Months
		Leadership	
		Clinical	
		Board	
	Where do you see	Executive	6-9 Months
	yourself in the	Leadership	
	Organization	CHRO	

Exhibit 6
"Priority Goals – Training and IT"

Priority	Goals	Who is Responsible	Timing
			1 – 24 Months
Training and IT	Systems to generate	Brigitte and	Out Patient
	outcome data (or	Quality Director	3-6 Months
	easier generation)		Others to follow
	Develop IT Disaster	Brigitte and	3-6 Months
	Plan	IT Team	
	Develop a Training	Carol	6-12 Months
	Center (internal and	Annie	
	external customers)	Rick	
		Christina	
		Joe	

ĺ

Exhibit 7

"Priority Goals – Ambulatory Services"

Priority	Goals	Who is Responsible	Timing
			1 – 24 Months
Ambulatory	Identify attractive	Kacy	12-18 Months
Services	areas (special	Christina	
	populations) we are	Mel	
	not currently in	Rick	
	(e.g., Veterans)		
	Examine Mental	Mel	12-18 Months
	Health in	Maria	
	Adolescents	Amy	
	services as a	Chris	
	possible Branding	Christina	
	area		
	Explore geographic	Rachael	On-Going
	expansion	Linda	
	_	Kevin	
		Marly	

ļ

Exhibit 8

"Priority Goals – New Revenues"

Priority	Goals	Who is Responsible	Timing
			1 – 24 Months
New Revenues	Grant Writing as a	Linda	Plan
	"Department"		6 Months
	Fundraising	Annie	On-Going
	(Events; Planned		
	Giving)		
	Review Financial/IT	Kevin	6 Months
	Systems for	Brigitte	
	efficiencies		
	Expand of Insurance	Rachael	On-Going
	Panels (Health	Kevin	Preliminary Report
	Exchange)	Kristen	3-6 Months